

YMCA OF THREE RIVERS MISSION, GUIDING PRINCIPLES, VISION, VALUES & PURPOSE



OUR MISSION

Our purpose as a charity is to make our diverse communities healthier and more vibrant. With dignity and respect, our programs and services inspire individuals to reach their full potential.

GUIDING PRINCIPLES

We are **STRONG** - strengthened by the diversity of our teams, we are committed to building communities where there is no place for stigmatization and intolerance.

We are **SAFE** - through a strengthened sense of community, we encourage personal growth through a commitment to listening, learning and continually working to create a safe and inclusive environment.

We are **CONNECTED** – through outreach we put our people and community first by listening, responding and adapting to their needs.

OUR VISION

We aspire to build connected and resilient communities. We are working to be a leader in challenging systemic bias and barriers by creating and providing equitable access to individuals and communities to support their emotional, mental and physical health, and overall well-being.



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OUR VALUES

EQUITY – we recognize that everyone has different experiences and needs and will work to provide the appropriate resources and/or support.

INCLUSIVENESS – through a strengthened sense of community, we foster a safer environment in which we respect, encourage, and engage individuals of diverse perspectives and backgrounds. We appreciate the beauty that diversity brings to the YMCA of Three Rivers and our communities.

ADVOCACY – we stand up, speak out and defend individuals' and communities' rights to have their voices heard, in order to effect change to create a more equitable society.

HEALTH & WELLNESS – we are committed to fostering the holistic health and well-being of all people at all ages and stages of life. We nurture people's ability to attain better emotional, mental and physical health, and well-being, fostering personal growth and bringing enthusiasm and vitality to everyday life.

ACCOUNTABILITY – we exhibit integrity, fairness and sincerity in both our words and actions. We are responsive to our communities through the relevance of our choices and the quality of our actions, commitments, and services.

EMPATHY – we treat all individuals with compassion and dignity.

RESPECT – we acknowledge our shared humanity and the inherent value and dignity of all individuals. We show respect by actively listening, hearing, and responding to individuals as they are. We take a people-first approach, wherein all individuals are respected as they are and for who they are.



OUR PURPOSE



WE'RE HERE FOR GOOD

