



**SERVICE AREA:** YMCA of Cambridge  
**POSITION:** Yoga Instructor Volunteer  
**LOCATION:** Cambridge Chaplin Family YMCA  
**REPORTS TO:** Group Fitness Supervisor  
**EMAIL:** [volunterprogram@ckwymca.ca](mailto:volunterprogram@ckwymca.ca)  
**TIME COMMITMENT:** Minimum of 2 Hours per Week  
**START DATE:** June 2017

**FUNCTION:** Direct delivery of Yoga classes.

**SPECIFIC RESPONSIBILITIES:**

- Direct delivery of classes, modeling service excellence.
- Maintain relevant certifications.
- To plan, organize, instruct and lead Yoga classes.
- To display a professional attitude and develop positive relationships with participants, staff, and volunteers, and address concerns or questions.

**QUALIFICATIONS:**

- Current CPR-C/Standard First Aid certifications.
- Up to date and relevant Yoga Certifications.
- Post secondary education in physical education or related field is an asset.
- Excellent customer service skills.
- Acceptable Police Records Check.

**SUPPORT & TRAINING:**

- An orientation for this position will be provided by the supervisor of the program and additionally, YMCA staff will be available for assistance and ongoing support as needed.

**TIME PERIODS AVAILABLE:**

- Evenings and weekends

**HOW TO APPLY:**

- To apply for this current volunteer role, please fill out an application and email it to the general mailbox for volunteer coordinators. We require that the position title be stated on your application before it is submitted.
- The application can be found on our website at [www.ymcacambridgekw.ca](http://www.ymcacambridgekw.ca), under the **Volunteer** tab at the top of the page. Go to **Volunteer Opportunities** and then **Volunteer Application**.

**COMPETENCIES REQUIRED:**

**Communication:** Communicates in a thorough, clear and timely manner to support information sharing.  
**Leadership:** Act as a personal role model for participants, volunteers and staff as well as motivates others to achieve success.  
**Initiative:** Seeks and finds solutions to problems without waiting for direction.  
**Self-Management:** Works independently within the parameters, can discern the relevance of issues and communicate them effectively to their supervisor.

NOTE: In addition to the above competencies the Association Core Competencies are required.