



SERVICE AREA: Kitchener-Waterloo YMCA – Individual Conditioning

POSITION: Conditioning Centre Floor Volunteer

LOCATION: Stork Family YMCA

REPORTS TO: Individual Conditioning Supervisor

TIME COMMITMENT: Minimum of 2 hours per week

SPECIFIC RESPONSIBILITIES:

- Tidying equipment on the Fitness Centre floor.
- Monitor conditioning centre floor.
- Enforce posted expectations in the Fitness Centre.
- Cleaning cardio and strength machines.
- Completing monthly equipment checks.
- To display a professional attitude and develop positive relationships with participants, staff, and volunteers, and address concerns or questions.

QUALIFICATIONS & REQUIREMENTS:

- Current CPR-C and Standard First Aid certifications an asset.
- Post secondary education in physical education or related field is an asset.
- Excellent customer service skills.
- Acceptable Police Records Check.

SUPPORT & TRAINING:

- An orientation for this position will be provided by the supervisor of the program and additionally, YMCA staff will be available for assistance and ongoing support as needed.

TIME COMMITMENT DETAILS:

- **Stork Family YMCA, 500 Fischer-Hallman Rd. N, Waterloo**
- **Friday evenings 4:30-7:00pm**

HOW TO APPLY:

- To apply for this current volunteer role, please complete the online application tool here:
<https://form.jotform.com/82346668108261>
- On the form, please ensure you select this opportunity when completing.

COMPETENCIES REQUIRED:

Communication: Communicates in a thorough, clear and timely manner to support information sharing.

Results Oriented: Has the ability to manage, lead to achieve, and exceed identified goals.

Relationship Building and Collaboration: Builds positive interactions, both internally and externally, to build enthusiasm and appreciation to achieve work related goals.

Tolerance for Ambiguity: Functions effectively in situations of less than perfect or incomplete information.