



YMCA's of Cambridge & Kitchener-Waterloo

SERVICE AREA: Kitchener-Waterloo YMCA – Group Fitness

POSITION: Aquafit Instructor

LOCATION: Stork Family YMCA

REPORTS TO: Group Fitness Supervisor

TIME COMMITMENT: Tuesday & Thursday 11:05-11:50am; Saturday 9:05-9:50am

FUNCTION:

- Direct delivery of Aquafit Classes

SPECIFIC RESPONSIBILITIES:

- Direct delivery of classes, modelling service excellence.
- Maintain relevant certifications.
- To plan, organize instruct and lead Aquafit classes.
- To display a professional attitude and develop positive relationships with participants, staff, and volunteers, and address concerns or questions.

QUALIFICATIONS & REQUIREMENTS:

- Current CPR-C and Standard First Aid certifications.
- Up to date and relevant Aquafit Certifications.
- Post secondary education in physical education or related field is an asset.
- Excellent customer service skills.
- Acceptable Police Records Check.

SUPPORT & TRAINING:

- An orientation for this position will be provided by the supervisor of the program and additionally, YMCA staff will be available for assistance and ongoing support as needed.

TIME COMMITMENT DETAILS:

- Tuesday & Thursday 11:05-11:50am; Saturday 9:05-9:50am

HOW TO APPLY:

- To apply for this current volunteer role, please fill out an application and email it to the general mailbox for volunteer coordinators. We require that the position title be stated on your application before it is submitted.
- The application can be found on our website at www.ymcacambridgekw.ca, under the **Volunteer** tab at the top of the page. Go to **Volunteer Opportunities** and then **Volunteer Application**.

COMPETENCIES REQUIRED:

Communication: Communicates in a thorough, clear and timely manner to support information sharing.

Results Oriented: Has the ability to manage, lead to achieve, and exceed identified goals.

Relationship Building and Collaboration: Builds positive interactions, both internally and externally, to build enthusiasm and appreciation to achieve work related goals.

Tolerance for Ambiguity: Functions effectively in situations of less than perfect or incomplete information.