



*A healthier family* starts here.



*ThisIsY.ca*

January 6 – June 28, 2020

**Chaplin Family YMCA**

# Monday

	Gym 1	Gym 2	Studio	Cycle Room	MPR 2	Wellness Centre	Jay's Room	Play Centre	MPR 1	Teen Zone	Pool	Leisure Pool		
6:00 am				Cycle (13+) 6:15 – 7:00							Lane Swim (13+) 5:45 – 8:10	Leisure Pool Closed 5:45 – 8:15		
6:30 am														
7:00 am			Group Centergy® (13+) 7:15 – 8:15											
7:30 am														
8:00 am										Specialized Youth Programming 8:00 – 2:00	AquaFit (13+) 8:15 – 9:00	Leisure Swim (13+) 8:15 – 9:00		
8:30 am														
9:00 am			Move Together Heart (13+) 9:15 – 10:00	Cycle (13+) 9:00 – 9:45		R Diabetes Fit (15+) 9:00 – 10:00		Stay & Play (0-6) 8:45 – 1:15	Rise & Shine (2.5-4) 9:30 – 11:30			CR Lane Swim (13+) 9:05 – 10:00	CR Family Swim 9:05 – 11:00	
9:30 am														
10:00 am	▲ Playnasium (0-6) 10:00 – 11:00		Group Active® (13+) 10:10 – 11:10		Move Together Yoga (13+) 10:10 – 11:10	R Move For Health (15+) 10:05 – 11:05								
10:30 am														
11:00 am	Rise & Shine (2.5-4) 11:00 – 11:30		Move Together Strength (13+) 11:20 – 12:00			R Neuro Fit (15+) 11:15 – 12:15								R ▲ Splashers/Bubblers (3 months-3) 11:00 – 11:30
11:30 am														R Lil'Dippers (3-5) 11:30 – 12:00
12:00 pm			Group Power® (13+) 12:10 – 1:00			Wellness Centre Support (15+) 12:15 – 2:15								R Lil'Dippers (3-5) 12:00 – 12:30
12:30 pm														CR ▲ Family Swim 11:30 – 12:55
1:00 pm			Move Together Chair Yoga (13+) 1:15 – 2:00			Mobility & Stretch (15+) 1:00 – 1:30								
1:30 pm														
2:00 pm														
2:30 pm						R Neuro Fit (15+) 2:30 – 3:30						Open Swim/Lane Swim (2 Lanes) 1:00 – 4:15		
3:00 pm	Basketball (13+) 3:00 – 4:30													
3:30 pm						Wellness Centre Support (15+) 3:30 – 4:30								
4:00 pm														
4:30 pm			R Dance (7-9) 4:30 – 5:10											
5:00 pm	YMCA Basketball (4-6) 4:45 – 5:30											R ▲ Splashers/Bubblers (3 months-3) 5:00 – 5:30		
5:30 pm	Soccer (7-9) 5:30 – 6:15		Group Power® (13+) 5:25 – 6:25	R Youth Circuit (10-14) 5:25 – 6:25 (Meet Outside the Cycle Studio)	R Dance (10-12) 5:30 – 6:15							R Swim Lessons (Lil' Dippers & Learn to Swim) (3-12) 4:30 – 7:00		
6:00 pm				Learn to Run 6:00 – 7:00 (Mar. 23 – Jun. 11. Meet at the Front Desk)			Kid's Zone (7-12) 5:15 – 8:00	Stay & Play (0-6) 5:15 – 8:00	Jr. Kid's Zone (4-6) 5:15 – 7:45	Drop-In Closed				
6:30 pm	▲ ★ Family Tae Kwon Do (3+) 6:35 – 7:05													
7:00 pm	R ★ Tae Kwon Do (5-12) 7:05 – 7:45			Cycle (13+) 6:35 – 7:20									R Swim Lessons (Stars) (6-12) 7:00 – 7:45	
7:30 pm	R ★ Tae Kwon Do (Advanced) 7:45 – 8:30													
8:00 pm			Zumba® (13+) 7:45 – 8:45		Aikido (15+) 7:45 – 9:30									
8:30 pm												Underwater Hockey (8-12) 8:00 – 8:55 (13+) 8:00 – 9:40	CR Leisure Swim (13+) 8:00 – 9:00	
9:00 pm														
9:30 pm	Basketball (15+) 8:45 – 10:45												Leisure Pool Closed 9:00 – 10:30	
10:00 pm												CR Lane Swim (13+) 9:45 – 10:30		

# Tuesday

	Gym 1	Gym 2	Studio	Cycle Room	MPR 2	Wellness Centre	Jay's Room	Play Centre	MPR 1	Teen Zone	Pool	Leisure Pool
6:00 am											Lane Swim (13+) 5:45 – 8:00	Leisure Pool Closed 5:45 – 8:15
6:30 am					TRX® (13+) 6:15 – 7:00						Lane Swim (13+) (4 Lanes) 8:00 – 8:55	
7:00 am			Yoga (13+) 7:15 – 7:45								Aqua Power Jog (13+) 8:15 – 8:45	Leisure Swim (13+) 8:15 – 9:00
7:30 am	Pickleball (15+) 7:30 – 8:30											
8:00 am												
8:30 am	Pickleball (15+) 8:30 – 10:30							Stay & Play (0-6) 8:45 – 1:15		Move & Play (2.5-4) 9:30 – 11:30	Specialized Youth Programming 8:00 – 2:00	
9:00 am			Total Body Conditioning (13+) 9:15 – 10:00		Wellness Centre Support (15+) 9:30 – 10:30				AquaFit (13+) 9:00 – 9:45			Family Swim 9:05 – 10:55
9:30 am												
10:00 am												
10:30 am			Move30® (13+) 10:15 – 10:45		Yoga (13+) 10:10 – 11:10	Mobility & Stretch (15+) 10:30 – 11:00					Lane Swim (13+) 10:00 – 11:00	Drop-In Lessons & Stroke Correction (13+) 10:00 – 10:45
11:00 am	Move & Play (2.5-4) 11:00 – 11:30		Group Centergy® (13+) 11:00 – 12:00									
11:30 am						R Move For Health (15+) 11:30 – 12:30					Lane Swim (13+) 11:00 – 12:55	Leisure Swim (13+) 11:00 – 12:55
12:00 pm	Facility Booking 12:00 – 1:00		Group Active® (13+) 12:10 – 1:00	Cycle (13+) 12:10 – 1:00								
12:30 pm												
1:00 pm												
1:30 pm			R Rock Steady Boxing® (15+) 1:15 – 2:15			R Diabetes Fit (15+) 1:00 – 2:00						
2:00 pm												
2:30 pm												
3:00 pm	Basketball (13+) 3:00 – 5:00		R Rock Steady Boxing® (15+) 2:30 – 4:00									
3:30 pm												
4:00 pm			Youth Fit (7-9) 4:15 – 5:00									
4:30 pm												
5:00 pm	Ball Hockey (7-9) 5:15 – 6:00	Tumbling (4-6) 5:15 – 6:00										
5:30 pm			Group Centergy® (13+) 5:25 – 6:25		TRX® (13+) 5:40 – 6:25							
6:00 pm	Ball Hockey (4-6) 6:00 – 6:30	Tumbling (7-9) 6:00 – 6:30				R Move For Health (15+) 6:00 – 7:00	Kid's Zone (7-12) 5:15 – 8:00	Stay & Play (0-6) 5:15 – 8:00				
6:30 pm	Soccer (4-6) 6:35 – 7:20		Group Active® (13+) 6:35 – 7:35	Cycle (13+) 6:35 – 7:20 (Ends Apr. 28)								
7:00 pm												
7:30 pm						R Diabetes Fit (15+) 7:15 – 8:15						
8:00 pm	Family Badminton (5+) 7:45 – 9:00		Yoga (13+) 7:45 – 8:45									
8:30 pm												
9:00 pm	Badminton (15+) 9:00 – 10:45											
9:30 pm												
10:00 pm												

# Wednesday

	Gym 1	Gym 2	Studio	Cycle Room	MPR 2	Wellness Centre	Jay's Room	Play Centre	MPR 1	Teen Zone	Pool	Leisure Pool
6:00 am												
6:30 am				Cycle (13+) 6:15 – 7:00							Lane Swim (13+) 5:45 – 8:10	Leisure Pool Closed 5:45 – 8:15
7:00 am			Core & Stretch 7:15 – 7:45									
7:30 am	Pickleball (15+) 7:30 – 8:30											
8:00 am												
8:30 am	Pickleball (15+) 8:30 – 10:15									Specialized Youth Programming 8:00 – 2:00	AquaFit (13+) 8:15 – 9:00	Leisure Swim (13+) 8:15 – 9:00
9:00 am			Move Together Heart (13+) 9:15 – 10:00	Cycle (13+) 9:00 – 9:45		R Diabetes Fit (15+) 9:00 – 10:00					CR Lane Swim (13+) 9:05 – 10:00 10:00 – 11:00 (4 Lanes)	CR PA Family Swim 9:05 – 11:00
9:30 am											Aqua Power Jog (13+) 10:15 – 10:45	
10:00 am												
10:30 am			Group Active® (13+) 10:10 – 11:10		Move Together Yoga (13+) 10:10 – 11:10			Stay & Play (0-6) 8:45 – 1:15	Rise & Shine (2.5-4) 9:30 – 11:30			
11:00 am		Rise & Shine (2.5-4) 11:00 – 11:30										RA PA Splashers/Bubblers (3 months-3) 11:00 – 11:30
11:30 am			Move Together Strength (13+) 11:20 – 12:00								Lane Swim (13+) 11:00 – 12:55	RA Lil'Dippers (3-5) 11:30 – 12:00
12:00 pm	Facility Booking 12:00 – 1:00					Well-Brewed Social (15+) 12:00 – 1:00 (At The Cafe)						RA Lil'Dippers (3-5) 12:00 – 12:30
12:30 pm			Group Power® (13+) 12:10 – 1:00									CR PA Family Swim 11:30 – 12:55
1:00 pm	Adapted Gym Session (15+) 1:15 – 1:45											
1:30 pm						Adapted Gym Session (15+) 1:45 – 2:15						
2:00 pm												
2:30 pm											Open Swim/Lane Swim (2 Lanes) 1:00 – 4:15	
3:00 pm												
3:30 pm	Basketball (13+) 3:00 – 5:00											
4:00 pm												
4:30 pm												
5:00 pm												
5:30 pm	RA YMCA Basketball (7-9) 5:15 – 6:00		Group Power® (13+) 5:25 – 6:25									
6:00 pm	RA YMCA Basketball (7-9) 6:00 – 6:45											RA PA Splashers/Bubblers (3 months-3) 5:45 – 6:15
6:30 pm												
6:30 pm	RA YMCA Basketball (10-12) 6:45 – 7:45		Group Blast® (13+) 6:35 – 7:35	Cycle (13+) 6:35 – 7:20	RA ★ Beginners Judo (7+) 6:30 – 7:30		Kid's Zone (7-12) 5:15 – 8:00	Stay & Play (0-6) 5:15 – 8:00				RA Swim Lessons (Lil' Dippers & Learn to Swim) (3-12) 5:45 – 7:45
7:00 pm												
7:30 pm												
8:00 pm	Y Sports (13-17) 7:50 – 8:50		Zumba® (13+) 7:45 – 8:45			RA ★ Junior Judo (7-12) 7:30 – 8:30					Drop-In Lessons & Stroke Correction (13+) 8:00 – 8:30	CR Leisure Swim (13+) 8:00 – 9:00
8:30 pm	Basketball (15+) 8:50 – 9:45					RA ★ Senior Judo (7-12) 8:30 – 10:00					RA Swim Team (8-15) 8:00 – 9:00	
9:00 pm												
9:30 pm												
10:00 pm											CR Lane Swim (13+) 9:00 – 10:00	Leisure Pool Closed 9:00 – 10:00

**Thursday - YMCA AGM April 23, 2019 in Studio. All classes after 1:00 pm will be cancelled.**

	Gym 1	Gym 2	Studio	Cycle Room	MPR 2	Wellness Centre	Jay's Room	Play Centre	MPR 1	Teen Zone	Pool	Leisure Pool
6:00 am					TRX® (13+) 6:15 – 7:00						Lane Swim (13+) 5:45 – 8:00	Leisure Pool Closed 5:45 – 8:15
6:30 am											Lane Swim (13+) (4 Lanes) 8:00 – 8:55	
7:00 am			Yoga(13+) 7:15–7:45									
7:30 am												
8:00 am											Aqua Power Jog (13+) 8:15 – 8:45	Leisure Swim (13+) 8:15 – 9:00
8:30 am												
9:00 am			Total Body Conditioning (13+) 9:15 – 10:00	Cycle (13+) 9:30 – 10:15		Wellness Centre Support (15+) 9:30 – 10:30					AquaFit (13+) 9:00 – 9:45	
9:30 am												
10:00 am	Playnasium (0-6) 10:00 – 11:00		Move30® (13+) 10:15 – 10:45		Yoga (13+) 10:10 – 11:10	Mobility & Stretch (15+) 10:30 – 11:00				Move & Play (2.5-4) 9:30 – 11:30	Specialized Youth Programming 8:00 – 2:00	Family Swim 9:05 – 11:00
10:30 am												
11:00 am	Move & Play (2.5-4) 11:00 – 11:30		Zumba® (13+) 11:00 – 11:45								Lane Swim (13+) 10:00 – 12:55	Leisure Swim (13+) 11:00 – 12:55
11:30 am												
12:00 pm	Facility Booking 12:00 – 1:00		Move30 (13+) 12:15 – 12:45	Cycle (13+) 12:10 – 1:00		R Move For Health (15+) 11:30 – 12:30						
12:30 pm												
1:00 pm			R Rock Steady Boxing® (15+) 1:15 – 2:15			R Diabetes Fit (15+) 1:00–2:00						
1:30 pm												
2:00 pm												
2:30 pm			R Rock Steady Boxing® (15+) 2:30 – 4:00									
3:00 pm	Basketball (13+) 3:00 – 5:00											
3:30 pm												
4:00 pm			R Dance (4-6) 4:00 – 4:30 4:35 – 5:05									
4:30 pm												
5:00 pm												
5:30 pm	YMCA Basketball (4-6) 5:15 – 6:00	Y Sports (7-9) 5:15 – 6:00	Group Active® (13+) 5:25 – 6:25									
6:00 pm	Active Games (4-6) 6:00 – 6:30	Active Games (7-9) 6:00 – 6:30			Learn to Run 6:00 – 7:00 (Mar. 23 – Jun. 11. Meet at the Front Desk)	R Move For Health (15+) 6:00 – 7:00	Kid's Zone (7-12) 5:15 – 8:00	Stay & Play (0-6) 5:15 – 8:00				
6:30 pm	★ Family Tae Kwon Do (3+) 6:35 – 7:05		Interval Challenge (13+) 6:35 – 7:35							Jr. Kid's Zone (4-6) 6:30 – 7:15		
7:00 pm	R ★ Tae Kwon Do (5-12) 7:05 – 7:45			Youth Fit (10-14) 7:15 – 8:00		R Diabetes Fit (15+) 7:15 – 8:15						
7:30 pm			Yoga (13+) 7:45 – 8:45		Aikido (15+) 7:30 – 9:30							
8:00 pm	Volleyball (13-17) 8:00 – 9:00											
8:30 pm												
9:00 pm	Volleyball (15+) 9:00 – 10:45											
9:30 pm												
10:00 pm												

# Friday

	Gym 1	Gym 2	Studio	Cycle Room	MPR 2	Wellness Centre	Jay's Room	Play Centre	MPR 1	Teen Zone	Pool	Leisure Pool
6:00 am												
6:30 am				Cycle (13+) 6:15 – 7:00							Lane Swim (13+) 5:45 – 8:10	Leisure Pool Closed 5:45 – 8:15
7:00 am			Core & Stretch (13+) 7:15 – 7:45									
7:30 am	Pickleball (15+) 7:30 – 8:30											
8:00 am												
8:30 am	Pickleball (15+) 8:30 – 10:30										AquaFit (13+) 8:15 – 9:00	Leisure Swim (13+) 8:15 – 9:00
9:00 am				Cycle (13+) 9:00 – 9:45		Wellness Centre Support (15+) 9:00 – 11:00	PD Day Kid's Zone (7-12) 9:00 – 12:00 (Jan. 24, Apr. 3, May 29, Jun. 26)	Stay & Play (0-6) 8:45 – 1:15	Rise & Shine (2.5-4) 9:30 – 11:30	Specialized Youth Programming 8:00 – 2:00	Lane Swim (13+) 9:05 – 12:55	Family Swim (13+) 9:05 – 11:00
9:30 am		Move Together Strength (13+) 9:15 – 10:00										
10:00 am			Group Power® (13+) 10:10 – 11:10		Move Together Yoga (13+) 10:10 – 11:10							
10:30 am												
11:00 am	Rise & Shine (2.5-4) 11:00 – 11:30					Neuro Fit (15+) 11:15 – 12:15						R Splashers/Bubblers (3 months-3) 11:00 – 11:30
11:30 am												R Lil'Dippers (3-5) 11:30 – 12:00
12:00 pm	Facility Booking 12:00 – 1:00											R Lil'Dippers (3-5) 12:00 – 12:30
12:30 pm			Group Active® (13+) 12:10 – 1:00			Wellness Centre Support (15+) 12:15 – 2:15						C Family Swim (13+) 11:30 – 12:55
1:00 pm						Mobility & Stretch (15+) 1:00 – 1:30						
1:30 pm												
2:00 pm												
2:30 pm												
3:00 pm						R Neuro Fit (15+) 2:30 – 3:30						Open Swim/Lane Swim (2 Lanes) 1:00 – 4:15
3:30 pm	Basketball (13+) 3:00 – 5:00											
4:00 pm						Wellness Centre Support (15+) 3:30 – 4:30						
4:30 pm												
5:00 pm	R YMCA Basketball (10-12) 5:15 – 6:15											R Swim Lessons (Lil' Dippers & Learn to Swim) (3-12) 4:30 – 6:30
5:30 pm												R Splashers/Bubblers (3 months-3) 5:00 – 5:30
6:00 pm	R YMCA Basketball (7-9) 6:15 – 7:00											
6:30 pm					R ★ Junior Judo (7-12) 6:30 – 8:00		Kid's Zone (7-12) 5:15 – 8:00	Stay & Play (0-6) 5:15 – 8:00				R Swim Lessons (Stars) (6-12) 6:30 – 7:15
7:00 pm	R YMCA Basketball (7-9) 7:00 – 7:45		Zumba® (13+) 6:45 – 7:45									
7:30 pm												
8:00 pm	Basketball (13-17) 8:00 – 9:45											R Junior Lifeguard Club (8-15) 7:30 – 8:30
8:30 pm												Open Swim/ Lane Swim (1 Lane) 7:30 – 8:55
9:00 pm												
9:30 pm												
10:00 pm											C Lane Swim (13+) 9:00 – 10:00	Leisure Pool Closed 9:00 – 10:00

# Saturday

	Gym 1	Gym 2	Studio	Cycle Room	MPR 2	Wellness Centre	Jay's Room	Play Centre	MPR 1	Teen Zone	Pool	Leisure Pool
6:00 am											Lane Swim (13+) 6:15 – 7:55	Leisure Pool Closed 6:15 – 8:15
6:30 am												
7:00 am												
7:30 am												
8:00 am			Interval Challenge (13+) 8:00 – 9:00								AquaFit (13+) 8:00 – 8:45	Leisure Swim (13+) 8:15 – 9:00
8:30 am												
9:00 am				Cycle (13+) 9:00 – 10:00 (Ends May 2)							R Swim Lessons (Lil' Dippers & Learn to Swim) (3-12) 9:00 – 10:00	R Splashers/Bubblers (3 months-3) 9:30 – 10:00
9:30 am			Yoga (13+) 9:10 – 10:00									
10:00 am	Play Gym (4-6) 9:45 – 10:45											
10:30 am			Group Active® (13+) 10:10 – 11:10		R Street Proofing Beginner (7-12) 10:00 – 11:00							R Swim Lessons (Stars) (6-12) 10:00 – 10:45
11:00 am	Active Games (7-12) 10:45 – 11:45	Playnasium (0-6) 10:45 – 11:45										
11:30 am					R Street Proofing Advanced (7-12) 11:00 – 12:30							
12:00 pm												
12:30 pm	Family Badminton (5+)/ Table Tennis (7+) 12:00 – 1:30		R Dance (4-6) 12:00 – 12:30 12:35 – 1:05									R Swim Lessons (Stars) (6-12) 12:15 – 1:00
1:00 pm												
1:30 pm	R S Birthday Parties 1:30 – 3:00	R S Birthday Parties 1:30 – 3:00	R Dance (7-9) 1:15 – 2:00									
2:00 pm												
2:30 pm												
3:00 pm												
3:30 pm												
4:00 pm												
4:30 pm	Soccer (7-9) 4:00 – 5:00											
5:00 pm												
5:30 pm												
6:00 pm	Basketball (13-17) 5:00 – 8:45											
6:30 pm												
7:00 pm												
7:30 pm												

## Statutory Holiday Schedule - February 17 & May 18, 2020.

	Gym 1	Gym 2	Studio	Pool
8:00 am				
8:30 am				Lane Swim (13+) 8:00 – 10:00
9:00 am				
9:30 am				
10:00 am			Total Body Conditioning (13+) 10:00 – 11:00	
10:30 am				Open Swim 10:00 – 11:55
11:00 am				
11:30 am				

	Gym 1	Gym 2	Studio	Pool
12:00 pm				Lane Swim (13+) 12:00 – 1:00
12:30 pm				
1:00 pm				
1:30 pm				
2:00 pm			Family Badminton (5+)/ Table Tennis (7+) 1:00 – 3:00	
2:30 pm				Open Swim 1:00 – 4:00
3:00 pm				
3:30 pm				

- S Additional Fee Required.
- R Registration Required.
- P Parental Participation Required.
- TS Referral Through School.
- CR City Swim Rate Fees Apply to YMCA Non-Members.
- ★ Martial Art Lessons included in membership. Additional (optional) fee for uniforms, testing & belts.

# Sunday

	Gym 1	Gym 2	Studio	Cycle Room	MPR 2	Wellness Centre	Jay's Room	Play Centre	MPR 1	Teen Zone	Pool		Leisure Pool	
8:00 am											Lane Swim (2 Lanes) 8:00 – 9:25	Master Swim (4 Lanes) 8:00 – 9:25	Leisure Pool Closed 8:00 – 9:30	
8:30 am														
9:00 am				Cycle (13+) 9:00 – 9:45 (Ends May 3)										
9:30 am													<b>R</b> <b>▲</b> Splashers/Bubblers (3 months-3) 9:30 – 10:00	
10:00 am	<b>▲</b> Family Badminton (5+) 10:00 – 11:30		Yoga (13+) 10:00 – 11:00								<b>R</b> Swim Lessons (Lil' Dippers & Learn to Swim) (3-12) 9:30 – 11:00		<b>R</b> <b>▲</b> Splashers/Bubblers (3 months-3) 10:30 – 11:00	
10:30 am														
11:00 am			<b>R</b> <b>★</b> Tae Kwon Do (5-12) 11:15 – 12:00 (No Class on Long Weekends)		<b>R</b> Meditation (13+) 11:00 – 12:00							<b>R</b> Swim Lessons (Stars) (6-12) 11:00 – 11:45		
11:30 am														
12:00 pm			<b>R</b> <b>★</b> Tae Kwon Do (Advanced) 12:00 – 12:45 (No Class on Long Weekends)									<b>R</b> Swim Lessons (Lil' Dippers & Learn to Swim) (3-12) 11:45 – 12:45		
12:30 pm														
1:00 pm	<b>R</b> <b>Ⓢ</b> Birthday Parties 1:00 – 3:30									Drop-In Closed				
1:30 pm														
2:00 pm			Group Centergy® (13+) 2:00 – 3:00									<b>Ⓢ</b> Open Swim/Lane Swim (1 Lane) 1:00 – 3:55		
2:30 pm														
3:00 pm														
3:30 pm														
4:00 pm	<b>R</b> YMCA Basketball (10-12) 4:00 – 5:00											<b>R</b> Swim Lessons (Lil' Dippers & Learn to Swim) (3-12) 4:00 – 5:00		
4:30 pm														
5:00 pm	<b>R</b> YMCA Basketball (7-9) 5:15 – 6:00											<b>R</b> Swim Lessons (Stars) (6-12) 5:00 – 5:45		
5:30 pm														
6:00 pm	Basketball (13+) 6:00 – 7:45												Pool Closed 5:45 – 7:30	
6:30 pm														
7:00 pm														

## Building Hours

Monday – Friday	5:30 am – 11:00 pm
Saturday	6:00 am – 9:00 pm
Sunday	8:00 am – 8:00 pm
Statutory Holiday	8:00 am – 5:00 pm

All program areas close 15 minutes before building closure.

## Early Building Closures

February 17	Family Day - Statutory Holiday Schedule
April 10	Good Friday - Closed
April 12	Easter Sunday - Closed
May 18	Victoria Day - Statutory Holiday Schedule

Special events may necessitate early building closure.

**Please note:** The Studio will be closed at 1:00 pm on Thursday, April 23, 2020 for our Annual General Meeting (AGM). All programs and classes after 1:00 pm will be cancelled for this day only. Schedule is subject to change.

## Day Pass

Those purchasing a day pass have access to all non-registered programs & services outlined.

Family (parents & 2 children)	\$21.00
General (30+)	\$12.20
General (55+)	\$ 8.95
0 – 29 years	\$ 6.80

All fees are subject to applicable taxes.

## Chaplin Family YMCA

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General Manager: Monique Yuhasz