



## YMCAs of Cambridge & Kitchener-Waterloo

**SERVICE AREA:** YMCA of Cambridge

**POSITION:** Aquafit Instructor Volunteer

**LOCATION:** Chaplin Family YMCA

**REPORTS TO:** Group Fitness Supervisor

**TIME COMMITMENT:** Minimum of 2 hours per week is required (details below)

**START DATE:** Immediately

### PROGRAM DESCRIPTION:

- Deliver a safe and effective Aquafit Classes.

### SPECIFIC RESPONSIBILITIES:

- Direct delivery of classes, modeling service excellence.
- Maintain relevant certifications.
- To plan, organize, instruct and lead Aquafit classes.
- To display a professional attitude and develop positive relationships with participants, staff, and volunteers, and address concerns or questions.
- Foster a sense of belonging for those attending the program.

### QUALIFICATIONS & REQUIREMENTS:

- Proficient in English - oral, written and communication skills
- Excellent interpersonal skills and customer service skills.
- Current CPR-C/Standard First Aid certification.
- Up to date and relevant Yoga Certifications.
- Post-secondary education in physical education or related field is an asset.
- Acceptable Police Records Check required.

### SUPPORT & TRAINING:

- An orientation for this position will be provided by the supervisor of the program and additionally, YMCA staff will be available for assistance and ongoing support as needed.

### TIME PERIODS AVAILABLE:

- Saturdays: 8:00-8:45am and weekday mornings

### HOW TO APPLY:

- To apply for this current volunteer role, please complete the online application tool here:  
<https://form.jotform.com/82346668108261>
- On the form, please ensure you select this opportunity when completing.

### COMPETENCIES REQUIRED:

**Communication:** Communicates in a thorough, clear and timely manner to support information sharing.

**Results Oriented:** Has the ability to manage, lead to achieve, and exceed identified goals.

**Relationship Building and Collaboration:** Builds positive interactions, both internally and externally, to build enthusiasm and appreciation to achieve work related goals.

**Tolerance for Ambiguity:** Functions effectively in situations of less than perfect or incomplete information.