



YMCA Immigrant & Employment Services
Sessions and Programs
SEPTEMBER 2019

Kitchener-Waterloo Office
 800 King Street West,
 Kitchener, ON, N2G 1E8
 Phone: 519-579-9622

SETTLEMENT SERVICES
LANGUAGE ASSESSMENT & REFERRAL SERVICES - **HOURS**
EMPLOYMENT SERVICES Monday to Thursday: 8:30am – 4:30pm
 Friday: 8:30am – 12:00pm

Evening appointments for Language Assessment & Settlement Services are available on select days. Please call 519-579-9622 to schedule an appointment.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LABOR DAY HOLIDAY 2	Investing in Women's Futures (9:30am-12pm) 3	Investing in Women's Futures (9:30am-12pm) Basic Computer Program for Newcomers MS Word (4:30-7:30pm) 4	Investing in Women's Futures (9:30am-12pm) Basic Computer Program for Newcomers-MS Excel (9:30am-12:30pm) 5	Investing in Women's Futures (9:30am-12pm) 6	IWF Computer Training for Newcomer Women Only – Level 1 9am-12pm 7
Investing in Women's Futures (9:30am-12pm) English Conversation Circle (1-2:30pm) Kitchener Public Library Youth Job Connection Program Start (9:00 am – 3:30 pm) 9	Investing in Women's Futures (9:30am-12pm) 10	Investing in Women's Futures (9:30am-12pm) Basic Computer Program for Newcomers MS Word (4:30-7:30pm) Citizenship Support Group (4:30-6:30pm) English Conversation Circle (9:30-11:00am)-Kingsdale Community Centre (6:30-8pm)- Albert McCormick library (4:00-6:00pm)- YMCA Immigrant Services Parenting in Canada (1:00-2:00pm) 11	Investing in Women's Futures (9:30am-12pm) Basic Computer Program for Newcomers-MS Excel (9:30am-12:30pm) English Conversation Circle (9:30-11:00am)-Kingsdale Community Centre Cooking & Conversation (1:00pm-2:30pm) 12	Investing in Women's Futures (9:30am-12pm) 13	IWF Computer Training for Newcomer Women Only – Level 1 9am-12pm 14
Investing in Women's Futures (9:30am-12pm) English Conversation Circle (1-2:30pm) Kitchener Public Library 16	Investing in Women's Futures (9:30am-12pm) 17	Investing in Women's Futures (9:30am-12pm) Basic Computer Program for Newcomers MS Word (4:30-7:30pm) Citizenship Support Group (4:30-6:30pm) English Conversation Circle (9:30-11:00am)-Kingsdale Community Centre (6:30-8pm)- Albert McCormick library (4:00-6:00pm)- YMCA Immigrant Services 18	Investing in Women's Futures (9:30am-12pm) Basic Computer Program for Newcomers-MS Excel (9:30am-12:30pm) English Conversation Circle (9:30-11:00am)-Kingsdale Community Centre Cooking & Conversation (1:00pm-2:30pm) 19	Investing in Women's Futures (9:30am-12pm) 20	IWF Computer Training for Newcomer Women Only – Level 1 9am-12pm 21
Investing in Women's Futures (9:30am-12pm) English Conversation Circle (1-2:30pm) Kitchener Public Library Occupational Decision Making & Second Career Information 1:00 pm – 3:00 pm 23	Investing in Women's Futures (9:30am-12pm) 24	Investing in Women's Futures (9:30am-12pm) Basic Computer Program for Newcomers MS Word (4:30-7:30pm) Citizenship Support Group (4:30-6:30pm) English Conversation Circle (9:30-11:00am)-Kingsdale Community Centre (6:30-8pm)- Albert McCormick library (4:00-6:00pm)- YMCA Immigrant Services Employment Standards (1:00 pm – 3:00 pm) 25	Investing in Women's Futures (9:30am-12pm) Basic Computer Program for Newcomers-MS Excel (9:30am-12:30pm) English Conversation Circle (9:30-11:00am)-Kingsdale Community Centre Cooking & Conversation (1:00pm-2:30pm) 26	Investing in Women's Futures (9:30am-12pm) 27	IWF Computer Training for Newcomer Women Only – Level 1 9am-12pm 28
Investing in Women's Futures (9:30am-12pm) English Conversation Circle (1-2:30pm) Kitchener Public Library 30					

Employment Ontario programs are funded in part by the government of Canada



Funded by:

Financé par:



Immigration, Refugees and Citizenship Canada

Immigration, Réfugiés et Citoyenneté Canada

Kitchener-Waterloo Immigrant Services Workshop Descriptions

ENGLISH CONVERSATION CIRCLE

- Discuss various topics with the help of an experienced group facilitator
- Practice your English conversation skills
- Practice your English speaking, listening and comprehension.

CITIZENSHIP SUPPORT GROUP

- To support newcomers in the better understanding of citizenship related themes and concepts
- Provide newcomers with an introduction to language including Vocabulary and simple phrases
- Help newcomers study and learn the materials required to become a Canadian citizen
- Promote newcomers' integration by becoming active citizens

INVESTING IN WOMEN'S FUTURES

- Sewing Machine Operation & Employment Training
- Employment Preparation Skills
- Life Skills Coaching
- Customer Service Training
- Self-Employment, Start-Up

IMMIGRANT WOMEN TOGETHER

This 9-week program is designed for Newcomer women to:

- Share experiences,
- Connect with the community,
- Build social skills
- Have fun in a safe, caring environment.

COOKING & CONVERSATION

- Make new friends and practice English
- Prepare healthy meals following the Canada's Food Guide
- Learn about healthy eating practices
- Learn how to choose vegetables and fruits that are affordable
- Make eating vegetables and fruit part of your daily diet

FAMILY LANGUAGE & LEARNING

- For families who have been in Canada less than 3 years.
- English Conversation Circle for parents
- Homework support in French and English (Grades K-12) for teens & children. *Computers are available for students.*

BASIC COMPUTER PROGRAM FOR NEWCOMER WOMEN ONLY- LEVEL 1

- Becoming comfortable with using a computer
- Internet search for your daily needs and questions
- Opening and using email and MS Word

BASIC COMPUTER PROGRAM FOR NEWCOMER LEVEL 1

- Becoming comfortable with using a computer
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LEVEL 2

- Using MS Excel to create a home budget
- Using MS PowerPoint to create presentations
- Using the internet to meet your daily needs and questions



KITCHENER EMPLOYMENT SERVICES WORKSHOP DESCRIPTION

OCCUPATIONAL DECISION MAKING & SECOND CAREER INFORMATION SESSION

Provides a model to structure your occupational or career research.

Learn about Second Career and the application process.

* This workshop is mandatory for those interested in Second Career.

EMPLOYMENT STANDARDS

Learn more information on the following topics: hours of work, minimum wage, overtime pay, termination or employment and more.

MOCK INTERVIEWS

Practice your interview skills with one of our Employment Specialists.

The mock interview will resemble a real interview to provide experience for our clients.

Mock interviews will be videotaped, and the candidate is shown the tape after the session. Feedback is provided by an Employment Specialist.

YOUTH JOB CONNECTION PROGRAM

Are you between the ages of 15-29, out of school fulltime and looking for work? Come to know more about:

- ☑ Paid pre-employment activities / workshops
- ☑ One to one help with your job search
- ☑ Access to paid placement opportunities