



YMCA Immigrant & Employment Services
Sessions and Programs
April 2019

Kitchener-Waterloo Office
800 King Street West,
Kitchener, ON, N2G 1E8
Phone: 519-579-9622

SETTLEMENT SERVICES **HOURS**
LANGUAGE ASSESSMENT & REFERRAL SERVICES - Monday to Thursday: 8:30am – 4:30pm
EMPLOYMENT SERVICES Friday: 8:30am – 12:00pm
Evening appointments for Language Assessment & Settlement Services are available on select days. Please call 519-579-9622 to schedule an appointment.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Investing in Women's Futures (9:30am-12pm) English Conversation Circle (1-2:30pm) Kitchener Public Library	2 Investing in Women's Futures (9:30am-12pm)	3 Investing in Women's Futures (9:30am-12pm) Citizenship Support Program (4:30-6:30pm) Family Language & Learning (5:00-6:30pm) (Last Session) English Conversation Circle (9:30-11:00am)-Kingsdale Community Centre (6:30-8pm)- Albert McCormick Community Centre (4:00-6:00pm)- YMCA Immigrant Services	4 Investing in Women's Futures (9:30am-12pm) English Conversation Circle (9:30-11:00am) Cooking & Conversation (1-2:30 pm)	5 Investing in Women's Futures (9:30am-12pm) Immigrant Women Together (9:30-11:30am)	6 Basic Computer Program for Newcomer Women Only – Level 1 9am-12pm
8 Investing in Women's Futures (9:30am-12pm) English Conversation Circle (1-2:30pm) Kitchener Public Library	9 Investing in Women's Futures (9:30am-12pm)	10 Investing in Women's Futures (9:30am-12pm) Basic Computer Program for Newcomers MS Excel (4:30-7:30pm) Citizenship Support Program (4:30-6:30pm) English Conversation Circle (9:30-11:00am)-Kingsdale Community Centre (6:30-8pm)- Albert McCormick Community Centre (4:00-6:00pm)- YMCA Immigrant Services	11 Investing in Women's Futures (9:30am-12pm) Basic Computer Program for Newcomers-MS Word (9:30am-12:30pm) English Conversation Circle (9:30-11:00am) Cooking & Conversation (1-2:30 pm) What do Employers Want? (1-3pm)	12 Investing in Women's Futures (9:30am-12pm) Immigrant Women Together (9:30-11:30am)	13 Basic Computer Program for Newcomer Women Only – Level 2 9am-12pm
15 Investing in Women's Futures (9:30am-12pm) English Conversation Circle (1-2:30pm) Kitchener Public Library Occupational Decision Making & Second Career Information (1:00 – 3:00 pm)	16 Investing in Women's Futures (9:30am-12pm)	17 Investing in Women's Futures (9:30am-12pm) Basic Computer Program for Newcomers MS Excel (4:30-7:30pm) Citizenship Support Program (4:30-6:30pm) English Conversation Circle (9:30-11:00am)-Kingsdale Community Centre (6:30-8pm)- Albert McCormick Community Centre (4:00-6:00pm)- YMCA Immigrant Services	18 Investing in Women's Futures (9:30am-12pm) Basic Computer Program for Newcomers-MS Word (9:30am-12:30pm) English Conversation Circle (9:30-11:00am) Cooking & Conversation (1-2:30pm)	19 HOLIDAY OFFICE CLOSED	20 Basic Computer Program for Newcomer Women Only – Level 2 9am-12pm
22 Investing in Women's Futures (9:30am-12pm) English Conversation Circle (1-2:30pm) Kitchener Public Library	23 Investing in Women's Futures (9:30am-12pm)	24 Investing in Women's Futures (9:30am-12pm) Basic Computer Program for Newcomers MS Excel (4:30-7:30pm) Citizenship Support Program (4:30-6:30pm) English Conversation Circle (9:30-11:00am)-Kingsdale Community Centre (6:30-8pm)- Albert McCormick Community Centre (4:00-6:00pm)- YMCA Immigrant Services	25 Investing in Women's Futures (9:30am-12pm) Basic Computer Program for Newcomers-MS Word (9:30am-12:30pm) English Conversation Circle (9:30-11:00am) Cooking & Conversation (1-2:30pm)	26 Investing in Women's Futures (9:30am-12pm)	27 Basic Computer Program for Newcomer Women Only – Level 2 9am-12pm
29 Investing in Women's Futures (9:30am-12pm) English Conversation Circle (1-2:30pm) Kitchener Public Library)	30 Investing in Women's Futures (9:30am-12pm)				

Employment Ontario programs are funded in part by the government of Canada



Funded by:

Immigration, Refugees and Citizenship Canada

Financé par:

Immigration, Réfugiés et Citoyenneté Canada

Kitchener-Waterloo Immigrant Services Workshop Descriptions

ENGLISH CONVERSATION CIRCLE

- Discuss various topics with the help of an experienced group facilitator
- Practice your English conversation skills
- Practice your English speaking, listening and comprehension.

CITIZENSHIP SUPPORT GROUP

- To support newcomers in the better understanding of citizenship related themes and concepts
- Provide newcomers with an introduction to language including Vocabulary and simple phrases
- Help newcomers study and learn the materials required to become a Canadian citizen
- Promote newcomers' integration by becoming active citizens

INVESTING IN WOMEN'S FUTURES

- Sewing Machine Operation & Employment Training
- Employment Preparation Skills
- Life Skills Coaching
- Customer Service Training
- Self-Employment, Start-Up

IMMIGRANT WOMEN TOGETHER

This 9-week program is designed for Newcomer women to:

- Share experiences,
- Connect with the community,
- Build social skills
- Have fun in a safe, caring environment.

COOKING & CONVERSATION

- Make new friends and practice English
- Prepare healthy meals following the Canada's Food Guide
- Learn about healthy eating practices
- Learn how to choose vegetables and fruits that are affordable
- Make eating vegetables and fruit part of your daily diet

FAMILY LANGUAGE & LEARNING

- For families who have been in Canada less than 3 years.
- English Conversation Circle for parents
- Homework support in French and English (Grades K-12) for teens & children. *Computers are available for students.*

BASIC COMPUTER PROGRAM FOR NEWCOMER WOMEN ONLY- LEVEL 1

- Becoming comfortable with using a computer
- Internet search for your daily needs and questions
- Opening and using email and MS Word

BASIC COMPUTER PROGRAM FOR NEWCOMER MS Word

- Becoming comfortable with using a computer
- Internet search for your daily needs and questions
- Opening and using email and MS Word

MS Excel

- Using MS Excel to create a home budget
- Using MS PowerPoint to create presentations
- Using the internet to meet your daily needs and questions



KITCHENER EMPLOYMENT SERVICES WORKSHOP DESCRIPTION

OCCUPATIONAL DECISION MAKING & SECOND CAREER INFORMATION SESSION

Provides a model to structure your occupational or career research.

Learn about Second Career and the application process.

* This workshop is mandatory for those interested in Second Career.

WHAT DO EMPLOYERS WANT?

When this workshop is through you will know what it takes to make the best impression on employers using your knowledge of workplace culture, non-verbal communication skills and positive attitudes.

MOCK INTERVIEWS

Practice your interview skills with one of our Employment Specialists.

The mock interview will resemble a real interview to provide experience for our clients.

Mock interviews will be videotaped, and the candidate is shown the tape after the session. Feedback is provided by an Employment Specialist.

- **Mock Interviews are available and will be scheduled upon request**
- **Registration is required to attend the workshop**
- **Dates are subject to change**