



Camp Belongings Check List

*Please remember to label everything



Day Camps

- Healthy nut-free lunch and at least two snacks (Day Camps only)
- Refillable Water Bottle
- Running shoes
- Flip flops/Crocs/Water shoes for swimming, boating, and/or water games
- Bathing suit/water play gear
- Towel
- Sunscreen
- Hat
- Weather-Appropriate clothing: Rain Gear, extra sweater, etc.
- Change of clothes
- Bug spray
- Epipen, medications (as required)



Overnight Camps: Day Camps Items +

- Underwear
- Socks
- Pajamas
- T-shirts
- Sweatshirt/Sweaters
- Long sleeve shirts
- Jeans and/or other long pants
- Shorts
- Sleeping bag
- Pillow/Pillowcase
- Laundry bag
- Toiletries- Shampoo/conditioner, soap, toothbrush/toothpaste/floss, lip balm, hair brush, feminine products, deodorant
- Rainwear
- Rubber boots
- Flashlight
- Stationary, pens, journal, etc.

Optional, As Needed, Camp Specific

- Epipen, medications
- P.F.D. (Personal Flotation Device) Camp Wabanaki only
- Paddle (Optional)
- Extra bathing suit
- Extra towel