



SEPTEMBER 2017

YMCA Early Years Roger Street Centre

161 Roger Street, Waterloo

519-741-8585

PARENT & CHILD TOGETHER DROP IN (Hours in effect starting Tuesday September 5th)

Drop In, Stay, Play and Explore with us!

Come any time. Join other children and families in play and exploration. An Early Learning professional is available to provide support and information around early learning topics, community resources, programs and referrals.

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS		
9:00-4:00	9:00-7:00	9:00-4:00	9:00-7:00	9:00-2:00	9:00-12:00		
Parent and Child Together Drop In							
EXPLORE	PROBLEM SOLVE	PLAY	INVESTIGATE	CONNECT	DISCOVER	LEARN	INNOVATE

PROGRAMS

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
Drop In 9:00-4:00	Drop In 9:00-7:00	Drop In 9:00-4:00	Drop In 9:00-7:00	Drop In 9:00-2:00	Drop In 9:00-12:00
<p>10:00-11:30 Sleep & Your New Baby® (Parents & Babies under 12 weeks)</p> <p>10:00-11:00 Baby & Me Breastfeeding Drop-In (Breastfeeding Buddies)</p> <p>11:15 Baby & Me (birth to 12 months)</p> <p>1:30 Music and Movement (birth to 6 years)</p>	<p>9:30 Music and Movement (birth to 6 years)</p> <p>10:00-12:00 Make The Connection 1® (Sept. 26th – Nov. 21st) (birth to 1 year)</p> <p>1:30 Ready, Set, Move (2 to 6 years)</p> <p>6:30-8:00 Preparing for Parenthood® (Sept 5th – Oct. 17th) (Prenatal)</p>	<p>10:00 Music and Movement (All Ages)</p> <p>11:00 Ready, Set, Move (All Ages)</p> <p>1:00 Baby & Me Discovery (6 to 18 months)</p> <p>1:30-2:30 Parenting My Baby® (Parents of Babies)</p>	<p>9:30 Music and Movement (All Ages)</p> <p>9:30-10:30 Stork Secrets® (Starts Sept. 14th) (birth to 2 years)</p> <p>10:30 Baby and Me (birth to 12 months)</p> <p>1:30 Music and Movement (birth to 6 years)</p>	<p>10:00 Music and Movement (birth to 6 years)</p> <p>11:00 Baby & Me Discovery (6 to 18 months)</p> <p>1:00-1:45 Baby Connections® (Sept. 8th – 29th) (birth to 12 months)</p>	<p>9:30 Dad & Me (1 to 6 years)</p> <p>10:30 Ready, Set, Move (All Ages)</p>
PROGRAMS IN BLUE REQUIRE PRE-REGISTRATION. VISIT OUR WEBSITE FOR PROGRAM INFORMATION.					

Planned Closures: Saturday September 2nd and Monday September 4th

ON-SITE COMMUNITY SUPPORTS

Knowing where and how to access services for your family can be a challenge. The Ontario Early Years are a one stop hub of information and resources where you can meet with community professionals to get answers to questions about your family's well-being. We understand the challenges families are facing today, and are here to help.

Community Partner	Main Site (161 Roger Street)	Erbville Centre (719 Erbville Rd)
Breastfeeding Buddies Breastfeeding Support	Mondays 10:00-11:00am *no program September 4 th *	Call 519-772-1016 for support.
Zero2Six Behavioural Consultation	9:30am-1:15pm September 13 th	9:00am-12:45pm September 20 th
Waterloo Region Family Network Family Resource Coach	10:30am-11:30am September 22 nd October 6 th November 3 rd December 1 st	11:00am-12:00pm September 6 th November 1 st
YMCA Community Connector Learn about resources in our Region	Call 519-741-8585 x 245 for support	Call 519-741-8585 x 245 for support
YMCA Settlement Services For families who are new to Canada	Call 519-579-9622 for support	Tuesdays 9:00am-12:00pm September 5 th , 12 th , 19 th and 26 th
Kids Ability Speech and Language Speech and Language Pathologist	9:30-11:30am September 20 th	9:30-11:30am November 29 th
To Make An Appointment Call:	519-741-8585	519-885-0552

PROGRAM REGISTRATION

All YMCA Early Years Programs are offered at no cost for your family to attend. If you are interested in attending a program that requires pre-registration, talk to a team member, visit [our website](#) or call 519-741-8585 for more information on how to register. Registration is ongoing for all programs, unless otherwise listed on [our website](#).

HEALTH AND WELLNESS

We try to minimize illness by practicing good hygiene and disinfecting toys regularly. Children who are too ill to play, to attend childcare, or to attend school are too ill to come to the Early Years centres. We follow Public Health guidelines and ask that you return to the centre after he/she is free of diarrhea and/or vomiting for 24 hours. It is important to remember that many babies and very young children attend the Early Years centres and these children play and learn by mouthing objects. If you or your child shows signs of high fever, vomiting, diarrhea or other contagious illness you will be asked to leave the centre until you are well.

Whether you are looking to stay for the day or just a couple of hours, your family is welcome to bring a meal or snack and eat together with other families in our kitchen. We are not an allergy free site. Please notify our team if you or your child has severe allergies so we can notify the families on site during the day of your visit.

SOCIAL MEDIA

We would love to connect with you and your family on social media! If you take a picture of your family enjoying our sites, please share the picture with us on-line. Ask questions, learn up to date information and learn about programs and resources for your family.



@OEYCinfo



@YMCA YEARS

ONTARIO EARLY YEARS IN WATERLOO REGION

Visit our [website](#) to learn more about YMCA Early Years Sites and Programs

Are you interested in learning more about Ontario Early Years in Waterloo Region? Visit www.earlyyearsinfo.ca

