



September 2017



Elmira Family Centre

250 William Street, Elmira

519-575 - 4400 Ext. 3699

PARENT AND CHILD TOGETHER DROP IN (Hours in effect starting Monday September 11th)

Stay, Play and Explore with us!

Come any time. Join other children and families in play and exploration. An Early Learning professional is available to provide support and information around early learning topics, community resources, programs and referrals. **Mondays to Thursdays 1:00-4:00pm starting September 11th**

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS				
1:00-4:00	1:00-4:00	1:00-4:00	1:00-4:00				
Parent and Child Together Drop In							
EXPLORE	PROBLEM SOLVE	PLAY	INVESTIGATE	CONNECT	DISCOVER	LEARN	INNOVATE

Sleep and Your New Baby (Babies up to 12 weeks of age and their parents or other caring adults)

Wednesday September 27th 1:00-2:30pm

Region of Waterloo Public Health and the Waterloo Region Ontario Early Years Centres are inviting you and your baby to a free session to help you get to know more about your baby's sleep patterns and how to respond. A support person is also welcome. To register, please visit <http://www.earlyyearsinfo.ca/sleep-sessions.html>

Baby Connections (birth to 12 months)

Thursdays September 14th – October 5th 1:30-2:30pm

The Baby Connections program was developed as a resource to help parents/caregivers introduce early literacy skill development to their infants. Join us to gain confidence in playing with and promoting literacy and learning with your baby and receive a free Baby Connections Resource Kit. To register, please visit www.babyconnections.ca

YMCA Early Years Erbsville Centre

719 Erbsville Road, Waterloo

519-885-0552

PARENT AND CHILD TOGETHER DROP IN (Hours in effect starting Tuesday September 5th)

Stay, Play and Explore with us!

Come any time. Join other children and families in play and exploration. An Early Learning professional is available to provide support and information around early learning topics, community resources, programs and referrals. **Mondays to Saturdays 9:00am-12:00pm starting September 5th**

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS		
9:00-12:00	9:00-12:00	9:00-12:00	9:00-12:00	9:00-12:00	9:00-12:00		
Parent and Child Together Drop In							
EXPLORE	PROBLEM SOLVE	PLAY	INVESTIGATE	CONNECT	DISCOVER	LEARN	INNOVATE

Programs

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
10:00 Baby & Me Discovery (6 to 18 months)	9:30 Music and Movement (All Ages)	9:30 Ready, Set, Move (All Ages)	9:30 Music and Movement (All Ages)	10:00 Baby and Me (Birth – 12 months)	10:30 Music & Movement (birth to 6 years)
11:00 Music and Movement (All Ages)	10:30 Baby & Me (birth to 12 months)	11:00 Music & Movement (birth to 6 years)	10:30 Ready, Set, Move (All Ages)	11:00 Music and Movement (All Ages)	

DROP IN, STAY, PLAY AND EXPLORE WITH US MONDAYS – SATURDAYS FROM 9:00AM-12:00PM

ON-SITE COMMUNITY SUPPORTS

Knowing where and how to access services for your family can be a challenge. The Ontario Early Years are a one stop hub of information and resources where you can meet with community professionals to get answers to questions about your family's well-being. We understand the challenges families are facing today, and are here to help.

Community Partner	Roger Street	Erbville Centre
Breastfeeding Buddies Breastfeeding Support	Mondays 10:00-11:00am *no program September 4 th *	Call 519-772-1016 for support.
Zero2Six Behavioural Consultation	9:30am-1:15pm September 13 th	9:00am-12:45pm September 20 th
Waterloo Region Family Network Family Resource Coach	10:30am-11:30am September 22 nd October 6 th November 3 rd December 1 st	11:00am-12:00pm September 6 th November 1 st
YMCA Community Connector Learn about resources in our Region	Call 519-741-8585 x 245 for support	Call 519-741-8585 x 245 for support
YMCA Settlement Services For families who are new to Canada	Call 519-579-9622 for support.	Tuesdays 9:00am-12:00pm September 5 th , 12 th , 19 th and 26 th
Kids Ability Speech and Language Speech and Language Pathologist	9:30-11:30am September 20 th	9:30-11:30am November 29 th
To Make An Appointment Call:	519-741-8585	519-885-0552

HEALTH AND WELLNESS

We try to minimize illness by practicing good hygiene and disinfecting toys regularly. Children who are too ill to play, to attend childcare, or to attend school are too ill to come to the Early Years centres. We follow Public Health guidelines and ask that you return to the centre after he/she is free of diarrhea and/or vomiting for 24 hours. It is important to remember that many babies and very young children attend the Early Years centres and these children play and learn by mouthing objects. If you or your child shows signs of high fever, vomiting, diarrhea or other contagious illness you will be asked to leave the centre until you are well.

Whether you are looking to stay for the day or just a couple of hours, your family is welcome to bring a meal or snack and eat together with other families in our kitchen. We are not an allergy free site. Please notify our team if you or your child has severe allergies so we can notify the families on site during the day of your visit.

SOCIAL MEDIA

We would love to connect with you and your family on social media! If you take a picture of your family enjoying our sites, please share the picture with us on-line. Ask questions, learn up to date information and learn about programs and information for your family.



@OEYCinfo



@YMCA YEARS

ONTARIO EARLY YEARS IN WATERLOO REGION

Visit our [website](#) to learn more about YMCA Early Years Community Sites and Programs

Have you been to our [YMCA Early Years Main Site](#)?

Are you interested in learning more about Ontario Early Years in Waterloo Region? Visit www.earlyyearsinfo.ca

