

There are many rewards and it's so easy to get involved! Complete the enclosed Volunteer Application or download an application from our website at ymcacambridgekw.ca. Mail, fax or drop your completed application at any YMCAs of Cambridge & Kitchener-Waterloo location. All completed applications will be forwarded to our Volunteer Coordinator.



Privacy Statement: The YMCAs of Cambridge & KW are committed to protecting personal information by following responsible information handling practices, in keeping with privacy laws. We collect and use personal data in order to better meet your service needs, to ensure the safety of our participants, for statistical purposes, to inform you about the YMCA program or service in which you are registered, and to satisfy government and regulatory obligations. You may also hear from us periodically about other YMCA programs, services and opportunities that may interest and benefit you. For more information on the YMCA's commitment to privacy, please visit our web site at ymcacambridgekw.ca.



The Kitchener-Waterloo YMCA

A.R. Kaufman Family YMCA

333 Carwood Avenue, Kitchener 519-743-5201

Stork Family YMCA

500 Fischer Hallman Drive, Waterloo 519-725-8783

The YMCA of Cambridge

Chaplin Family YMCA

250 Hespler Road, Cambridge 519-621-9622

MISSION

The YMCA is a charitable organization that strengthens our community by providing opportunities for personal growth and active involvement for all children, adults and families.

VISION

A leader in building a strong, healthy community through innovation and collaboration.

CORE VALUES

Acceptance

Welcoming and open to all

Caring

Acting with compassion and concern for the well being of others

Health

Developing people in spirit, mind and body

Respect

Treating all people with dignity

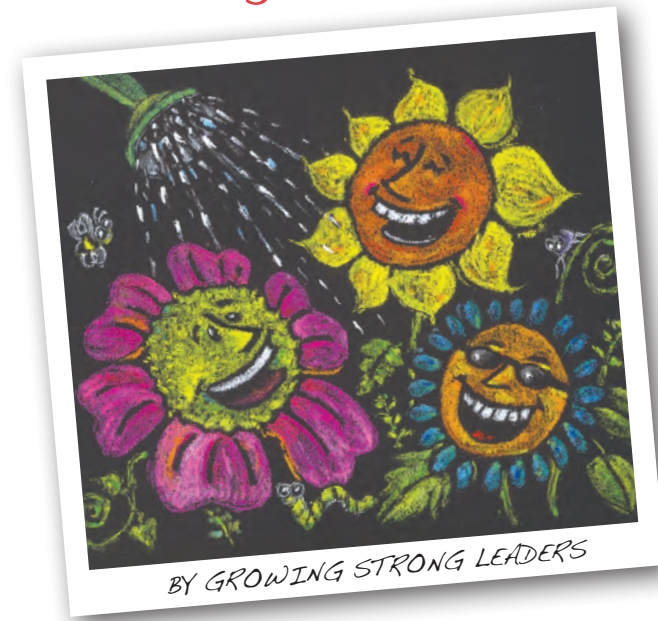
Responsibility

Accountable for oneself, others, our environment and the world in which we live



ymcacambridgekw.ca

*We build
strong kids,
strong families,
strong communities*



You can too!

Volunteer with the
YMCAs of Cambridge & Kitchener-Waterloo

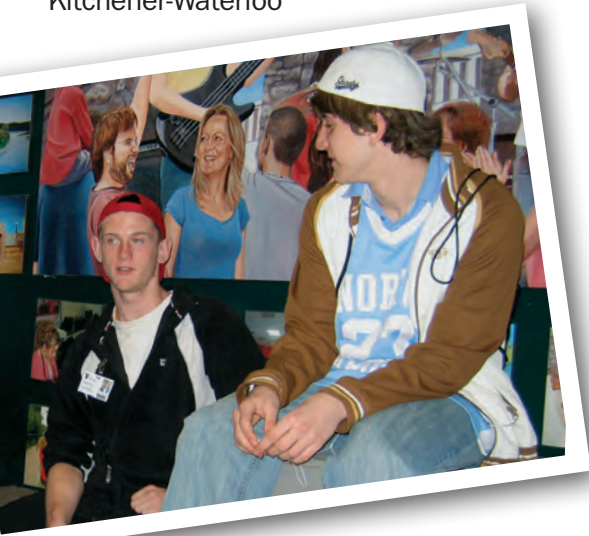


We build strong kids,
strong families, strong communities.

Why volunteer for the **YMCAs of Cambridge & Kitchener - Waterloo?**

The YMCAs of Cambridge & Kitchener-Waterloo have long, honourable, local histories and outstanding reputations for delivering high-quality programs.

Each year thousands of people benefit from our varied and diversified programs at over 55 locations throughout the Cambridge and Kitchener-Waterloo



community and we

continue to grow. Whether in the Child Care, Camps, Immigrant & Employment Services, International Education, Volunteer Development or Health and Fitness, the YMCA provides a friendly and safe place where people of all ages, ethnicities and backgrounds can come together and develop in spirit, mind and body.

Volunteer at the YMCAs of Cambridge & Kitchener-Waterloo!

Volunteers make a significant contribution to our organization. The YMCAs of Cambridge & Kitchener-Waterloo has approximately 900 volunteers who give over a total of 46,000 hours each year. Without the support of volunteer staff, we could not offer the many programs and services we provide to our members.

We have many areas for individuals to show their talents and passion for giving.

Volunteer opportunities exist in Fitness, Aquatics, Preschool, Youth, Teen, Camps, Health Programs, Member Services, Facility Maintenance, Food Court, Ontario Early Years Centre, Afterschool Antics, Virtual Y, International Programs, Child Care, Financial Development, Conversation Circle, Mentorship, Marketing & Communications and Information & Technology. Young people are drawn to the YMCA Leader Corps Program.

Volunteers enjoy benefits that come in all forms.

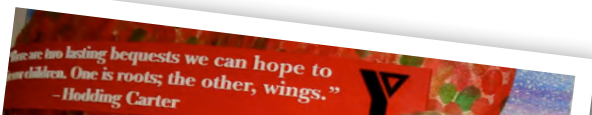
We invest in our volunteers with area specific training, personal feedback, and the opportunities

to demonstrate leadership, that gives our volunteers confidence they can apply in other areas of their lives. Many training opportunities are available such as, fitness instructor and weight room trainer.



Imagine volunteering in a place where you can:

- be a part of a friendly and fast paced environment
- touch the lives of people of all ages and cultures
- meet interesting people
- gain new skills



VOLUNTEER APPLICATION

Revised July 2011



Thank you for choosing to give your gift of time to the YMCA. Below are brief descriptions of volunteer positions available. While filling out the application please refer to the volunteer positions below and indicate those of interest to you. Not all positions are available at all locations

Family YMCAs

Adult Services

- *Conditioning Centre Trainer*: Requires current YMCA Individual Conditioning certification and CPR certificate. Volunteers provide weight training consultations, answer general inquiries and assist in the maintenance of equipment.
- *Conditioning/Fitness Centre Monitor*: Assist in the cleanliness of the Conditioning Centre. General knowledge of program equipment, weight room etiquette and CPR certificate required.
- *Group Fitness Instructor*: Requires current YMCA certification and CPR certificates. Volunteers needed for all Group Fitness Classes.
- *Recreational Sports Volunteer*: Facilitate and coordinate recreational sports programs, set up, monitor and clean up after programs. Sports knowledge and a current CPR certificate required.
- *CPR Instructor*: Teaches Heart Saver and Basic Rescuer to staff and volunteers. Instruction certification required.
- *Health Programs*: Provides assistance to YMCA staff with health programs. Level 1 Individual Conditioning and CPR-A certification required (Smart Start, etc.) YMCA Level 2 Individual Conditioning and/or other related education/certification (nursing, physiotherapy, etc.) preferred.

Service & Sales

- *Member Services Volunteer*: Provides assistance to Team Leaders and Member Services Representatives, promotes a positive image through tours and membership sales. Provides information regarding YMCA programs and services.

Facility

- *Housekeeping*: Assist in maintaining the cleanliness of the facility.
- *Laundry Room Assistant*: Assists with general housekeeping duties as well as the washing, drying and folding of towels.
- *Food Court Assistant*: Assists with food preparations.

Preschool, Youth/Teen & Aquatics

- *Preschool Program Volunteer*: Works with children 3 to 5 years old; full mornings, afternoons or weekends. Programs may include creative, dramatic and physical components. First Aid certificate an asset.
- *Childminding/Stay n' Play Volunteer*: Assists staff in our childminding room with care and safety of children, infancy to 6 years.
- *Youth Program Volunteer*: Provides guidance and support to children enrolled in sports or creative programs in the Zone and in the Z Beside the Y. Programs run evenings and weekends.
- *Teen Program Volunteer*: Helps to facilitate various teen programs such as Crafts, Sports, Job Search Techniques, Leadership, Teen Nights in the Zone and in the Z Beside the Y.
- *Teen Special Events Volunteer*: Helps to set up and clean up.
- *Aquatics Volunteer*: Assists swim instructors in the delivery of swimming lessons. Help set up, monitor and clean up after programs. Minimum age 15 and Bronze Cross certification preferred.
- *Camp Program Volunteer*: Assist camp staff in delivering exciting day camp experiences for youth ages 4 to 12.
- *Newcomer Youth Program Volunteer*: Helps ease the transition between cultures for newcomers, providing a place they can make friends and foster confidence in a safe, nurturing and fun environment.

Community Services

- *Ontario Early Years Centre*: Assist with programs and services for families and children 0 to 6 years of age. Services include drop in playtime, caregiver playgroups, toy and resource lending library and parenting workshops.
- *Child Care Centre*: Assist with programs set by classroom teachers and enhance the child/adult ratio.
- *Afterschool Antics Program Volunteer*: Assists the program instructor in delivering recreational programs for youth 5 to 11 years old. Based out of schools in Kitchener-Waterloo.
- *International Program Volunteer*: Provides assistance with the planning and delivery of programs related to the YMCA International Education and Development program. Includes preparing or teaching Global Education, special events, fundraising, producing newsletters and administrative duties.
- *Virtual Y*: Assist the program facilitator in delivering a holistic program for youth 5 to 11 years.

Financial Development

Assist in raising funds to ensure all YMCA programs are open to anyone regardless of economic circumstances. Positions within this include Special Events, Volunteer Canvassers and Administration.

Immigrant Services

- *Mentorship/Partnership Program Volunteer*: Matches foreign trained professional (mentee) with experienced professionals from Canada (mentor). Matches are based on a number of criteria including shared education, similar work experience, and common career goals.
- *Conversation Circle*: Facilitates the settlement of new Canadians to the community through focused practice of conversational English in a group setting.
- *Specialty Groups*: Participating in various activities—these could include working with handcrafts, walking and cooking groups, computer support, and homework and dance clubs.

Association Services

- *Marketing & Communications*: Assist in the marketing and communication of all programs and services provided by the YMCA. This could include administrative duties, special events participation and coordination, photography and/or online engagement opportunities.
- *Information & Technology*: Provide assistance to the Information and Technology team. Positions within this include providing support and problem solving.

For Office Use Only

Called _____ Main Location _____
Interview Date _____ Department _____
CRC Sent _____ Program _____
References Checked _____ Main Staff Contact _____

PERSONAL DATA

Name _____

Address _____ City _____ Postal Code _____

Phone (home) _____ Phone (work) _____ Email _____

Place of Work _____ School _____ Last Grade Completed _____

Emergency Contact _____ Phone _____

Please indicate which day(s) and time(s) you are available: Location: Cambridge Kitchener Waterloo

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY

Why would you like to volunteer at the YMCA? _____

PROGRAM PREFERENCES In what program area would you prefer to work? (Please be specific with regard to your interests)

Family YMCAs

Adult Services

- Conditioning Centre Trainer
- Conditioning/Fitness Centre Monitor
- Group Fitness Instructor
- Recreational Sports Volunteer
- CPR Instructor
- Health Programs

Service & Sales

- Member Services Volunteer

Facility

- Housekeeping
- Laundry Room Assistant
- Food Court Assistant

Preschool, Youth/Teen and Aquatics

- Preschool Program Volunteer
- Childminding/Stay n'Play Volunteer
- Youth Program Volunteer
- Teen Program Volunteer
- Teen Special Events Volunteer
- Aquatics Volunteer
- Camp Program Volunteer
- Newcomer Youth Program Volunteers

Community Services

- Ontario Early Years Centre
- Child Care Centre
- Afterschool Antics Program Volunteer
- International Program Volunteer
- Virtual Y

Financial Development

- Special Events
- Volunteer Canvassers
- Administration
- Fundraising Volunteer

Immigrant Services

- Mentorship/Partnership Program
- Conversation Circle
- Specialty Groups

Association Services

- Marketing & Communications
- Information & Technology

APPLICABLE SKILLS List any appropriate skills - i.e. Certificates held (CPR, Aquatics, etc.), Interests and hobbies

PREVIOUS VOLUNTEER WORK

ORGANIZATION	TIME FRAME (MONTH/YEAR)

REFERENCES A current (no older than 90 days from the time of application) police records check is required prior to placement.

NAME/EMPLOYER/POSITION	E-MAIL	HOME PHONE	WORK PHONE

The above information is correct to the best of my knowledge. I understand the YMCA will be collecting, creating, using and disclosing my personal information for the purpose of establishing and managing a volunteer relationship. I consent to the YMCA doing so and I also consent to the collection and use of my personal information in order to ensure the safety of YMCA participants, for statistical purposes, to inform me about YMCA programs or services. I consent to the release of my name and address to the YMCA's Financial Development Department to further the YMCA's philanthropic activities.

SIGNATURE: _____ **DATE:** _____



YMCA

We build strong kids,
strong families, strong communities